

WEEK 2 - MENU



Day	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	A variety of Cereal, Toast or Fruit				
Snack	Fruit & Savoury Biscuit				
Lunch	Sweet & Sour Chicken with Rice	Veggie Pasta bake	Slow cooked Pork, Mash and Veg	Fishcakes, wedges & Peas	Shepherd's Pie & vegetables
Lunch (V)	Sweet & Sour chicken style with Rice		Slow cooked bean & veg, Mash	Veggie Fingers, wedges & Peas	Veggie shepherd's Pie
Pudding	Yoghurt	Fruit Salad	Yoghurt & Peaches	Jelly	Grape & Melon
Tea	Sandwiches & Salad Sticks	Sandwiches & Salad Sticks	Sandwiches & Salad Sticks	Sandwiches & Salad Sticks	Sandwiches & Salad Sticks
Cheese & Ham		Cheese & Tuna Mayo	Egg Mayo & Ham	Jam	Mixed Mash